DISCOVERY BIBLE STUDY

10 Promises of Comfort

Ten passages of God's promises — peace, presence, provision, and hope — for those walking through hard seasons.

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DISCOVERY BIBLE STUDY

10 Promises of Comfort

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DISCOVERY BIBLE STUDY

Peace

Acts 16:6-34

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. **What does this passage show me about God?**

   How do Paul and Silas respond in the prison, and what does that show about the peace God gives?

2. **What does it show me about people — and about myself?**

   What frightens or shakes you the way the earthquake shook the jailer?

3. **What will I obey this week? (a concrete step, with a day)**

   Where do you need to choose trust instead of fear this week?

4. **Who will I tell?**

   Who around you is afraid and needs to hear there is peace in Jesus?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

> *God, thank you that your peace can sing even in the dark. When everything shakes, help me trust you and stay.*

NEXT STUDY Presence comissional.com/en/study/10-promises-of-comfort/02/

DISCOVERY BIBLE STUDY

Presence

Psalm 139

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. **What does this passage show me about God?**

   What does this psalm say God knows about you, and where can he be found?

2. **What does it show me about people — and about myself?**

   How does it feel to be known by God this completely — comforting, unsettling, both?

3. **What will I obey this week? (a concrete step, with a day)**

   Where do you feel most alone, and how could you invite God's nearness there this week?

4. **Who will I tell?**

   Who do you know who feels alone and forgotten?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

> *God, thank you that there is nowhere I can go from your presence. Help me live today knowing you are always near.*

NEXT STUDY Provision comissional.com/en/study/10-promises-of-comfort/03/

DISCOVERY BIBLE STUDY

Provision

Matthew 6:25-34

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. **What does this passage show me about God?**

   How does Jesus describe the way God cares for birds and flowers?

2. **What does it show me about people — and about myself?**

   What are you most tempted to worry about providing for yourself?

3. **What will I obey this week? (a concrete step, with a day)**

   What is one worry you will hand to God this week, seeking his kingdom first?

4. **Who will I tell?**

   Who is anxious about tomorrow that you could encourage?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

> *Father, thank you that you know what I need before I ask. Help me seek your kingdom first and trust you with the rest.*

NEXT STUDY Forgiveness comissional.com/en/study/10-promises-of-comfort/04/

DISCOVERY BIBLE STUDY

Forgiveness

Psalm 32

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. **What does this passage show me about God?**

   What does David say happens when he stays silent, and what happens when he confesses?

2. **What does it show me about people — and about myself?**

   What have you been carrying silently instead of bringing to God?

3. **What will I obey this week? (a concrete step, with a day)**

   What is one thing you will confess to God this week, trusting his forgiveness?

4. **Who will I tell?**

   Who needs to hear that God forgives freely and covers their guilt?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

> *God, thank you that you cover sin instead of counting it. Help me stop hiding and bring what I have buried into your light.*

NEXT STUDY Guidance comissional.com/en/study/10-promises-of-comfort/05/

DISCOVERY BIBLE STUDY

Guidance

Psalm 23

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. **What does this passage show me about God?**

   What does the shepherd in this psalm do for the sheep?

2. **What does it show me about people — and about myself?**

   What dark valley are you walking through right now?

3. **What will I obey this week? (a concrete step, with a day)**

   Where do you need to let God lead instead of running ahead this week?

4. **Who will I tell?**

   Who is lost and needs to know the Shepherd?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

> *Lord, you are my shepherd. Lead me where I cannot see, and help me follow even through the dark valley.*

NEXT STUDY Prayer comissional.com/en/study/10-promises-of-comfort/06/

DISCOVERY BIBLE STUDY

Prayer

Luke 18:1-8

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. **What does this passage show me about God?**

   What does this parable teach about how God responds to those who keep asking?

2. **What does it show me about people — and about myself?**

   Where have you been tempted to give up praying?

3. **What will I obey this week? (a concrete step, with a day)**

   What will you keep bringing to God in prayer this week without giving up?

4. **Who will I tell?**

   Who could you invite to pray with you?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

> *God, thank you that you are a just Father who hears. Help me keep praying and not give up, trusting you will answer.*

NEXT STUDY Eternal life comissional.com/en/study/10-promises-of-comfort/07/

DISCOVERY BIBLE STUDY

Eternal life

John 14:1-8

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. **What does this passage show me about God?**

   What does Jesus promise his followers, and what does he call himself?

2. **What does it show me about people — and about myself?**

   What troubles your heart that this promise speaks to?

3. **What will I obey this week? (a concrete step, with a day)**

   How can you live this week as someone with an eternal home?

4. **Who will I tell?**

   Who fears death that you could tell about this hope?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

> *Jesus, thank you for going to prepare a place for me. Calm my troubled heart and help me trust you as the way.*

NEXT STUDY Strength comissional.com/en/study/10-promises-of-comfort/08/

DISCOVERY BIBLE STUDY

Strength

Philippians 4

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. **What does this passage show me about God?**

   What does Paul say is the secret of being content, and where does his strength come from?

2. **What does it show me about people — and about myself?**

   In what situation do you most feel your own strength running out?

3. **What will I obey this week? (a concrete step, with a day)**

   What will you pray about instead of worry this week?

4. **Who will I tell?**

   Who is weary and needs to hear where real strength comes from?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

> *God, thank you that your strength holds me in any circumstance. Help me bring my worries to you and rest in your peace.*

NEXT STUDY Purpose comissional.com/en/study/10-promises-of-comfort/09/

DISCOVERY BIBLE STUDY

Purpose

2 Corinthians 5:15-21

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. **What does this passage show me about God?**

   What does this passage say God has made those in Christ, and what has he given them to do?

2. **What does it show me about people — and about myself?**

   What would change if you saw yourself as new and as an ambassador?

3. **What will I obey this week? (a concrete step, with a day)**

   How will you live for Christ instead of yourself in one concrete way this week?

4. **Who will I tell?**

   Who could you carry this message of reconciliation to?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

> *God, thank you for making me new and giving me a purpose. Help me live for Jesus and carry your message of reconciliation.*

NEXT STUDY Joy comissional.com/en/study/10-promises-of-comfort/10/

DISCOVERY BIBLE STUDY

Joy

Romans 5:1-11

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. **What does this passage show me about God?**

   What does Paul say suffering produces, and how has God shown his love?

2. **What does it show me about people — and about myself?**

   Where do you need joy that does not depend on your circumstances?

3. **What will I obey this week? (a concrete step, with a day)**

   How can you rejoice in hope this week, even in a hard place?

4. **Who will I tell?**

   Who needs to hear that God loved them while they were still far off?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

> *God, thank you that I have peace with you through Jesus. Give me joy even in suffering, knowing your love is poured into my heart.*

COMISSION

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