

Guidance

Psalm 23

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

What does the shepherd in this psalm do for the sheep?

2. What does it show me about people — and about myself?

What dark valley are you walking through right now?

3. What will I obey this week? (a concrete step, with a day)

Where do you need to let God lead instead of running ahead this week?

4. Who will I tell?

Who is lost and needs to know the Shepherd?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

Lord, you are my shepherd. Lead me where I cannot see, and help me follow even through the dark valley.
