

Joy

Romans 5:1-11

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

What does Paul say suffering produces, and how has God shown his love?

2. What does it show me about people — and about myself?

Where do you need joy that does not depend on your circumstances?

3. What will I obey this week? (a concrete step, with a day)

How can you rejoice in hope this week, even in a hard place?

4. Who will I tell?

Who needs to hear that God loved them while they were still far off?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

God, thank you that I have peace with you through Jesus. Give me joy even in suffering, knowing your love is poured into my heart.
