

Love God and love others

John 13:34-35

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

What does Jesus say are the greatest commands, and how will people know his disciples?

2. What does it show me about people — and about myself?

Who is hardest for you to love the way Jesus asks?

3. What will I obey this week? (a concrete step, with a day)

What is one concrete way you will love that person this week?

4. Who will I tell?

Who would see Jesus in you if you loved them like this?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

God, help me love you with all I am, and love others the way Jesus has loved me. Let my love show whose I am.

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Matthew 22:34-40

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