

You can know you have eternal life

1 John 5:11-15

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

Where is this life found, and who has it (vv. 11-12)?

What does John want you to know (v. 13)?

2. What does it show me about people — and about myself?

What is the difference between having the Son and not having him?

3. What will I obey this week? (a concrete step, with a day)

God hears us — what will you ask him for this week (vv. 14-15)?

4. Who will I tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

God, thank you that I can know I have life in your Son. Steady my heart whenever I start to doubt.
