

Pray for one another

James 5:13-16

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

What should we do when suffering, and when glad (v. 13)?

What happens when we confess and pray for one another (v. 16)?

2. What does it show me about people — and about myself?

What have you been carrying alone that you need prayer for?

3. What will I obey this week? (a concrete step, with a day)

4. Who will I tell?

Who will you ask to pray with you this week?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

★ Pray

Father, teach me to bring my needs and others' needs to you, and to pray together with your people.
