

# Salt and light

## Matthew 5:13-16

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### 1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

### 2 Digest

Answer from what the passage actually says — stay in the text.

#### 1. What does this passage show me about God?

*What are salt and light for?*

*Why does Jesus say to let your light shine (v. 16)?*

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#### 2. What does it show me about people — and about myself?

*Where might your light be hidden under a basket?*

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#### 3. What will I obey this week? (a concrete step, with a day)

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#### 4. Who will I tell?

*Who around you needs to see the works that point to the Father?*

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### 3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

### ✦ Pray

*Lord, let my new life shine, so that the people around me see you and praise the Father.*

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