

“Go tell what the Lord has done”

Mark 5:18-20

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

What does Jesus tell the healed man to do instead of coming with him?

What is he to tell, and where?

2. What does it show me about people — and about myself?

What has the Lord done for you that you could tell?

3. What will I obey this week? (a concrete step, with a day)

4. Who will I tell?

Who are 'your own people' you could go home and tell?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

Father, help me go home and tell my own people how much you have done for me.
