

Luke 4:16-22

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

What does Jesus say he was sent to do, and what does he claim about himself?

2. What does it show me about people — and about myself?

Which of these — good news, freedom, sight, release — do you most need from Jesus?

3. What will I obey this week? (a concrete step, with a day)

How will you respond to Jesus' announcement this week?

4. Who will I tell?

Who is poor, captive, or hurting that needs this good news?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

Jesus, thank you that you came to bring good news to the poor and freedom to the captive. Let your words be fulfilled in me too.
