

John 13:1-17

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

What does Jesus do for his disciples, and what does he tell them to do?

2. What does it show me about people — and about myself?

What kind of service feels beneath you?

3. What will I obey this week? (a concrete step, with a day)

Who will you serve humbly this week?

4. Who will I tell?

Who could you teach to serve by your example?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

Jesus, you knelt to wash your disciples' feet. Give me a servant's heart to do the same for others, not counting it beneath me.
