

Matthew 28:16-20

1 Eat

Read the passage slowly, read it again, then retell it in your own words. If you can't retell it, read it once more.

☐ Read ☐ Reread ☐ Retell

2 Digest

Answer from what the passage actually says — stay in the text.

1. What does this passage show me about God?

What does Jesus send his followers to do, and what does he promise them?

2. What does it show me about people — and about myself?

As you finish this journey through Jesus' life, how will you respond to his call?

3. What will I obey this week? (a concrete step, with a day)

What is one step you will take to make a disciple this week?

4. Who will I tell?

Who will you go to first with what you have learned about Jesus?

3 Grow

Growth is God's part, not yours. Do the cycle faithfully and trust Him to give the growth (1 Corinthians 3:6–7).

✦ Pray

Jesus, you have all authority and you are with me always. Send me to make disciples and teach them to obey you.